

Face Covering Requirement Policy

High Performance Tennis Academy

COVID-19 Preparedness

SUMMER 2021

Effective July 14th, 2021

The health and safety of the HPTA community, especially of vulnerable individuals, is of utmost importance. In light of updated CDC guidance, and to continue to protect fellow community members, please see below the updated face covering requirements.

Adult Programming & Adult Court Reservations:

1. INDOORS (AFC Riverside):

- i. Adult Programming: if players are [fully vaccinated](#), masks can be taken off during programming.
- ii. Adult Court Time Reservations: if **ALL** players are [fully vaccinated](#), and agree to not wear masks, masks can be taken off on the tennis court.
- iii. In accordance with CDC guidance, HPTA Coaches will not be required to wear masks, if [fully vaccinated](#).

2. INDOORS (AFC Riverside):

- i. Adult League Play: if **ALL** players are [fully vaccinated](#), and agree to not wear masks, masks can be taken off on the tennis court.

3. OUTDOORS (The Cynwyd Club):

- i. Adult Programming: if players are [fully vaccinated](#), masks can be taken off during programming.
- ii. In accordance with CDC guidance, HPTA Coaches will not be required to wear masks, if [fully vaccinated](#).

Junior Programming & Junior Court Reservations:

1. INDOORS (Haverford College & AFC Riverside):

i. Junior Programming: if players are [fully vaccinated](#), masks can be taken off during programming.

ii. In accordance with CDC guidance, HPTA Coaches will not be required to wear masks, if [fully vaccinated](#) and if social distance can be maintained. **If social distancing cannot be maintained, masking will be required.**

2. OUTDOORS (Haverford College & The Cynwyd Club):

i. Junior Programming: mask use outdoors is **not required**, if social distance can be maintained. **If social distancing cannot be maintained, masking will be required.**

ii. In accordance with CDC guidance, HPTA Coaches will not be required to wear masks, if [fully vaccinated](#) and if social distance can be maintained. **If social distancing cannot be maintained, masking will be required.**

The Face Covering Requirement may be modified or ended as COVID-19 conditions require.

HPTA recommends that all individuals have at least three face coverings available to use throughout a week of play.

Cloth face coverings should follow the current [CDC recommendations](#). At a minimum, cloth face coverings must be made of multiple layers of tightly woven cotton fabric. Some common household materials may block particles more effectively than cotton. Adding a layer of filter material within a cloth face covering is recommended.

The use of a face covering does not replace the continued need to maintain physical distances from others, at least 6 feet, but instead augments physical distancing and helps us further reduce the likelihood of virus transmission.

1. Face coverings made by an individual must meet the CDC guidelines:

- Fits snugly but comfortably against the side of the face.
- Completely covers the nose and mouth.
- Is secured with ties or ear loops.
- Includes multiple layers of fabric.
- Allows for breathing without restriction.
- Can be laundered and machine dried without damage or change to shape.
- Launder masks daily!

2. Disposable face coverings:

- Disposable face coverings should only be reused if they are not visibly dirty, soiled or torn. Disposable face coverings should be placed in a clean bag, or plastic container for a few days prior to wearing again.

3. Face Coverings NOT recommended:

- Neck gaiters and simple bandanas, as they are single layer material and do not fit snug to the mouth and nose.
- Face coverings with exhaust valves.
- Scarves, which tend to be made of porous material.
- Face shields in most cases. (Face shields do not protect the wearer from aerosols containing the virus, and others from an infected wearer. Face shields are appropriate in situations where close contact with a potentially infected person may expose the wearer to respiratory droplets caused by speech, cough, or sneezing.)

4. Face covering and other Controls:

- Face coverings will be used in conjunction with physical distancing (6 feet social distancing), engineering controls (barriers between courts/players) and/or administrative controls (reduced number of players/court).

- Face coverings may reduce the spread of viruses and droplets from the wearer to others.
- Face coverings may reduce the likelihood that droplets from others enter the wearer's nose or mouth.
- Face coverings may reduce the spread of aerosols from asymptomatic and presymptomatic COVID 19 carriers.
- Face coverings become contaminated as you wear them, both from yourself and from the environment around you. You should treat them as contaminated and avoid self contamination or contamination of others by unsafe handling.
- Remember to wash your hands frequently and to avoid touching your face as much as possible!

5. Face coverings must be put on properly:

- Face coverings should fully cover your nose and mouth.
- Face coverings should be held in place firmly with straps.
- When you are putting on a face covering, do so by the straps and adjust the covering to cover your nose and mouth, being careful not to touch your face in the process.
- Once your covering is in place, wash your hands, and wash your hands after each time you adjust your covering.

6. Face coverings must be taken off properly to avoid self-contamination:

- Remove face coverings by the straps and move it gently away from your face. Be careful not to touch your eyes, nose, and mouth when removing.
- If your face covering is disposable, promptly throw it away; do not place it into your pocket, backpack or where it may contaminate your belongings.
- If you have a disposable face covering that you have to reuse, it should only be reused if they are not visibly dirty, soiled or torn. Disposable face coverings should be placed in a clean bag, or plastic container for a few days prior to wearing again.
- If you have a reusable cloth face covering, make sure you wash it after each use (a washing machine is fine).
- Wash your hands after handling a used face covering.

Related Information:

- [How to Make Cloth Face Coverings](#)
- [How to wash your face covering](#)
- [Use of Cloth Face Coverings to Help Slow the Spread of COVID-19](#)